

Prediabetes Class

Prediabetes is a serious medical condition that can lead to type 2 diabetes if left untreated. Are you at risk?

Enroll in this class to learn how you can delay or prevent type 2 diabetes. This two-hour class offers information, tools and a private, one-on-one follow-up session with a diabetes educator.

Seating is limited, enroll today.



Andrea Petersen, RD, CD
Diabetes Program
Coordinator



Lorri Lutz, RN
Diabetes Educator

Prediabetes Class
Cascade Room
at OMC

Cost: \$25

Registration

Register today. Information is available at the concierge's desk or call 715-294-5701.

Next Class
Feb. 8, 4-6 p.m.
Feb. 9, 1-3 p.m.